FearLess Life Coaching Lois Callahan LICSW

Telecommunication Informed Consent

Electronic media is a practical and useful tool in coaching. There are both risks and benefits associated with electronic media. It is beneficial to communicate electronically to increase accessibility, provide skills based consultation, accountability and follow through of identified goals and tasks. All clients should be aware that whether coaching services are provided in office, via phone, or video chat there are risks to confidentiality and privacy. This agreement outlines the possible risks and benefits.

I understand that Telecommunication may include consultation, education and coaching that may consist of transfer of medical and or personal data about myself or my family members via emails, telephone conversation and education using interactive audio, video, or other electronic communications.

I understand that Telecommunication also may include my medical/mental health information written, verbally and/or visually.

I understand that I have the following rights with respect to Telecommunication:

- 1. I have the right to withhold or withdraw consent at anytime without affecting my right to future coaching. At anytime I may ask for a referral and I have been informed that one will be provided, as it is my best interests that guide the coaching relationship.
- 2. The laws that protect the confidentiality of my medical information also apply to Telecommunication. As such, I understand the information disclosed by me during the course of coaching or consultation is generally confidential. However there are mandatory and permissive exceptions to confidentiality including but not limited to reporting child, elder and dependent adult abuse; expressed threats of violence towards an ascertainable victim; suicidal ideation with intent; and where I make my mental or emotional state an issue in a legal proceeding.
- 3. There are risks and consequences of Telecommunication including but not limited to the possibility, despite reasonable efforts on the part of the coach/consultant, that:
 - a. The transmission of my information could be disrupted or distorted by technical failures.
 - b. Unauthorized persons could interrupt the transmission of my information; and/or unauthorized persons could access the electronic storage of my information.

In addition, I understand that Telecommunication based services may not be as complete as face- to- face services. I understand that if a determination that I would be better served by another form of therapeutic service I will be referred to a professional who can provide such services in my area.

4. Telecommunication services are billed at a rate of 60.00 per 30 minutes.

I have read and understand the information provided above. I have been provided the opportunity to discuss any questions with my coach/consultant and my questions have been answered to my satisfaction.

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